



**FIRST READING: ZEPHANIAH 2:3, 3:12-13**

There will be a people who remain sheltered from God's anger.

**SECOND READING: 1 CORINTHIANS 1:26-31**

God chooses the weak to show His power.

**GOSPEL: MATTHEW 5:1-12A**

Jesus teaches what it means to be happy.

**FAMILY CONNECTION:**

Today's Gospel offers a contrast to many of the messages we hear in our society today. If we were to accept uncritically the "get ahead" messages of our culture, we would think that happiness means having money, being successful, having many possessions, and so on. When we think this way, we are not unlike the people who heard Jesus teach on the day that he taught the Beatitudes. The crowd that day also associated happiness with material possessions and status.

Talk as a family about what it means to be happy or to be blessed. Make a list of traits that you would associate with a happy person. Then read together today's Gospel, Matthew 5:1-12a. Reflect on Jesus' description of happiness. Think about what each of the Beatitudes might have in common and write a family summary of the Beatitudes. Post the summary in a special place as a reminder of what your family will consider "true happiness."

Conclude by praying together prayers of petition based on the Beatitudes, e.g., "We pray that we will be peacemakers who seek to get along with other people even when this is difficult. We pray to the Lord." All respond: "Lord, hear our prayer."



<b>Saturday</b>	<b>JANUARY 31, 2026</b>
9:00 AM	-HILDA SEEDANEE (†)
	-AUDREY ANSELL (†)
5:00 PM	-GIOVANNI VELCICH (†)
<b>Sunday</b>	<b>FEBRUARY 1, 2026</b>
9:30AM	DENNIS MARCELINO (†)
11:15AM	FOR ALL THE INTENTIONS OF ST. BARTHOLOMEW PARISHIONER
<b>Monday</b>	<b>FEBRUARY 2, 2026</b>
WHOLE DAY	- PASTOR'S REST DAY
<b>Tuesday</b>	<b>FEBRUARY 3, 2026</b>
8:30AM	-SOULS IN PURGATORY ESP. THE MOST ABANDONED (†)
<b>Wednesday</b>	<b>FEBRUARY 4, 2026</b>
8:30AM	-SPECIAL INTENTIONS & THANKSGIVING OF IMELDA FERNANDEZ
<b>Thursday</b>	<b>FEBRUARY 5, 2026</b>
8:30	-MILAGROS MANALO (†)
<b>Friday</b>	<b>FEBRUARY 6, 2026</b>
8:30am	=AVAILABLE=



Parish 2025 tax receipts for weekly donations, PAG, second collections and donations to Sharelife made through the parish is now available for pick-up after each Mass this weekend. Please approach hospitality ministers.

Receipts for Donate Now made through Credit card, and any donations made directly to the Archdiocese will be issued and mailed by the Archdiocese of Toronto.



**Sacramental Preparation**

*Encountering Christ Through the Sacraments!*

**SESSION 8**

**FIRST HOLY COMMUNION**

February 7, 2026 [Saturday] 3:30PM-4:30PM

**CONFIRMATION**

FEBRUARY 8, 2026 [Sunday] 12:30PM-2:00PM

Please hold in your hearts the children and youth of our parish as they joyfully prepare to receive the Sacraments.

Despite our best efforts, minor oversights may occur – **nobody is perfect**. We ask for your understanding and invite everyone to stay focused on what truly matters: our faith, our community, and our shared mission.  
-FZS

**FEBRUARY 1, 2026**

**FOURTH SUNDAY IN ORDINARY TIME**

## CANDLEMAS DAY

FEBRUARY 2



### FEAST OF THE PRESENTATION OF THE LORD

Although the Feast of the Presentation of the Lord is on February 2, 2026 (Monday) we will celebrate the **blessing of candles** on **Saturday January 31, 2026 (5pm) & Sunday, February 1, 2026 (9:30 am & 11:15 am) at the end of Masses.** Bring your own candles to be blessed, or purchase one for \$10. Let's return empty candle bottles to the church for recycling and celebrate this special tradition together!



*Blessing of Throats on the Feast of St. Blaise*

### FEAST OF ST. BLAISE

On **February 3, 2026 (Tuesday)** join us for **8:30 a.m. Mass** and receive the **Blessing of the Throats**, a tradition for the sick, especially those with throat illnesses, following the Mass.

## A Celebration of Marriage in the Archdiocese of Toronto

MASS WITH BISHOP JOHN BOISSONNEAU

Sunday, February 8, 2026, 2:30 p.m.  
St. Michael's Cathedral Basilica  
65 Bond Street, Toronto

**ALL ARE WELCOME!**

Special recognition and reserved seating available for couples celebrating 25th, 40th, 50th, 60th and 60+ anniversaries in 2026

For more information and registration visit [www.archtoronto.org/marriage](http://www.archtoronto.org/marriage)



Archdiocese of Toronto

## Life-Giving Wounds: A Healing Retreat for Adult Children of Divorced or Separated Parents

The Life-Giving Wounds retreat invites participants to move through the broken image of love that appeared to them in their parents' relationship to their deepest origin and identity as God's beloved, capable of great love. The next retreat will be from **Friday, May 15 at 6 p.m. to Sunday, May 17 at 3:30 p.m. at St.**

Augustine's Seminary (2661 Kingston Rd., Scarborough). Must be 18 or older to attend. Cost: \$325 per person (\$225 for students), which includes meals, lodging and retreat material. Limited subsidies are available if cost is a concern. Please contact [lgwtoronto@proton.me](mailto:lgwtoronto@proton.me). For university/college students, contact your campus minister for more information. Space is limited. To register, visit: [bit.ly/LGW-TO-Retreat-Register2026](https://bit.ly/LGW-TO-Retreat-Register2026).

### FREE CATHOLIC ESTATE PLANNING WEBINAR

Saturday, February 7, 2026, at 9:00 a.m.

Learn:

- **How to avoid problems:** in your Will, in the Powers of Attorney, and through proper Estate Trustee selection
- **How to create your own legacy**
- **About our Catholic traditions around cremation, burials and funerals**

### TO REGISTER:

Follow this registration link:

<https://qrco.de/WedFeb7> OR

Send an email to:

[Development@ArchToronto.org](mailto:Development@ArchToronto.org) and write

"webinar February 7" in the title line + your name(s) in the body of the message.



**KNIGHTS OF COLUMBUS**  
IN SERVICE TO ONE. IN SERVICE TO ALL.

**ANNUAL PARISH FAMILY DAY BRUNCH**  
**FEBRUARY 16 2026**  
**REGISTRATION IS A MUST**



*Catholic Women's League*

**SUPPORT THE SPIRITUAL BOUQUET CAMPAIGN FOR THOSE WHO ARE TO BE ORDAINED TO THE MINISTERIAL PRIESTHOOD AND THOSE WHO WILL DEDICATE THEIR LIFE TO RELIGIOUS LIFE IN THE SERVICE OF THE CHURCH**



## JOIN OUR PARISH COMMUNITY IN A SIX WEEK LENTEN REFLECTION

The first Pastoral letter "THAT BLESSED UPPER ROOM" of Archbishop Francis Cardinal Leo will guide us in our Lenten journey this year.

February 25th	EUCHARIST
March 4th	PRIESTHOOD & HUMBLE SERVICE
March 11th	THE RESURRECTION & HOLY SPIRIT
March 18th	COMMUNION AND COMMUNITY MISSIONARY ZEAL
March 25th	PRAYER
April 1st	MARY